

THE AMERICAN ASSOCIATION FOR MARRIAGE AND FAMILY THERAPY PRESENTS **AT HOME SERIES**

AAMFT's At Home series is a free new series featuring our most innovative systemic thinkers sharing their insights from past cases, developmental work in various specialties, and professional anecdotes and personal reflections – from the comfort of their own homes to you in yours. Never before has our profession faced such unique challenges and we hope you will join us as we reconnect in our most intimate settings around what makes systemic therapy so fundamental to today's realities and tomorrow's future.



Dr. Harry J. Aponte
PERSON OF THE THERAPIST MODEL (POTT) - Mastering the Use of Self
April 17, 2020 | 1:00pm – 2:00pm ET

It is through the humanity of the therapist that the empathic connection is made with the client, that the therapist understands and intuits what is driving the pathology in the client and clients' relationships. Dr. Aponte will present on how therapists can more fully and effectively utilize all of their selves, taking their therapy to another level when working purposefully and professionally through their own person.



Dr. Manijeh Daneshpour
The Ethics of Care and Cultural Competency: Family Therapists as First Responders
April 24, 2020 | 1:00pm – 2:00pm ET

Mental health professionals have quickly become first responders during the current pandemic crisis and will continue to provide critical and valuable services for many years to come. Clarity about the ethics of care and cultural competency help mental health professionals promote moral intuitions while using Western mental health and cultural competence ethics.



Dr. Michael D. Yapko
It's Crisis Time and We Need to Step up Our Game: How Hypnosis Can Help Our Clients- and Us, Too
May 1, 2020 – 1:00pm – 2:00pm ET

Given the high levels of anxiety and depression that continue to rise in the face of the COVID-19 pandemic, the need for therapists to provide themselves and their clients with effective coping skills has never been greater. In this session, the essential elements of hypnosis and how they relate to helping people manage their distress will be discussed, overlapping with techniques such as mindfulness. As you will see, the field of clinical hypnosis is broad, deep and fascinating, with the capacity to empower people during these chaotic times.

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